the learning sanctuary

Accelerated Learning

Energise training sessions to help your learners to learn quicker

Understand the principles of accelerated learning philosophy to enhance your training design and delivery

Why?

Organisations are in constant change and the training and development of employees has become more complex. Trainers are required to develop competencies, underlying knowledge and skill application, and behavioural expectation to strengthen the capacity and capability of employees in shorter periods of time. The need to impact performance, levels of engagement, organisation strength, individual confidence, talent development and organisational development priorities is constant and has to be achieved at the pace of need. Individuals learn in different ways, generations require different approaches, different roles demand alternative methodologies.

Accelerated learning will examine approaches explored and developed by Howard Gardner, and thereafter by Tom Japp, Roger Sperry, Donald Schuster and others, including those involved in the application of NLP to the training room. It will provide you with the opportunity to incorporate ways to stimulate multiple intelligences and achieve multi-sensorial stimulation. It will explore dynamic applications of managing learning to enhance individual and group capacity for learning. It will accelerate adult learning, demonstrate application and offer opportunity to practice techniques in a controlled environment and in a timely and cost effective manner.

What is involved?

A two-day workshop, this learning experience includes both theoretical and practical components. It is based on the principle that learning is more intensively acquired when we ***do*** and ***reflect*** at the same time. Learners apply the acquired knowledge in real and concrete training situations. Although the content of both days is strongly connected, learners have the freedom to choose if they want to participate in just one or both days.

Accelerated learning techniques will be core to the whole experience, however each day will have a different focus.

- Day One - Creative training techniques based on accelerated learning principles
- Day Two - Practical application and enhanced consideration of accelerated learning

The following instructional strategies derived from the accelerated learning methodology will be used in the learning experience:

- Content facilitation
- Use of 'Pin board'
- NLP in training
- Oral presentations
- Accelerating the brain-body activities
- Creative visualisation exercises
- Setting of learning groups
- Learning games
- Use of audio-visual aids
- Printed material analysis
- Blended face-to-face learning
- Multi-sensory stimulation and management

Content

The Philosophy of Accelerated Learning

- What is learning?
- What is accelerated learning?
- Elements of accelerated learning
  - Emotional state
  - The learning environment
  - The role of music and the arts
  - Imagination and metaphors
  - Suggestion / de-suggestion

The Learning Environment

- The use of music in learning
- Pin boards and beyond
- Learner preparation
- Activation
- Integration

Adult Learning Principles

- Psychological principles of adult learning
- How adults learn
- The brain and memory

Tools for Accelerated Learning

- The power of suggestion
- The 'Pygmalion' effect
- Creative facilitation techniques
- Metaphoric learning story telling

Personal Motivation

- Team learning and co-operation
- Improvement and results

Who Do I Contact?

Email: info@thelearningsanctuary.co.uk to book your place on this exciting and enlightening event.

To discuss further, please telephone The Learning Sanctuary on: 0845 833 1178